



LifeSkills Addiction Services Intake

TERMS OF ADDICTIONS SERVICES

1. LifeSkills supports an individual's freedom to choose where he or she will receive treatment at the level determined through an objective assessment by a qualified professional.
2. In the case of DUI services, all information regarding current and previous DUI convictions needs to be provided prior to or at assessment. The completion of the program and/or reinstatement of an operator's license may be delayed if any information is withheld.
3. Each client may be required to submit to alcohol and drug screens on site, or be referred to a laboratory. The client is responsible for the cost regardless of results. A positive screen or arriving for services under the influence will result in the client and therapist reevaluating the treatment plan and making appropriate alterations.
4. Violence or threats of violence toward anyone on the premises is immediate grounds for discharge.
5. Confidentiality will be maintained at all times. Each group member is responsible for maintaining the confidentiality of who attends group and what is said in the group.
6. Payment is due at the time of service. Failure to pay for services could result in being discharged from the program. Services must be paid in full before the treatment is considered complete.
7. Each client is encouraged to complete an initial 90 day period of abstinence. Following this period, the client and therapist will address future expectations.
8. Each client is expected to actively participate in treatment by completing assignments, showing respect for others, and verbal sharing in the group. The failure to actively participate and work toward treatment goals may result in dismissal from the program.
9. Regular attendance is required. If the allowed misses are exceeded, the client can be referred back to their referral source for not following through with recommended services.

Confidentiality of Alcohol and Drug Abuse Client Records

The confidentiality of alcohol and substance abuse records maintained by this agency is protected by Federal laws and regulations. We cannot disclose to another person, agency or program that a client receives services with LifeSkills. Nor do we disclose any information identifying a client as receiving addictions services. You need to be aware that this information can be disclosed under the following conditions:

1. The client consents in writing
2. The disclosure is allowed by a court order
3. The disclosure is made to medical personnel in a medical emergency or to a qualified
4. personnel for research, audit, or program evaluation (see HIPAA guidelines)

Violation of Federal laws and regulations by an agency or individual is a crime. Suspected violations may be reported to appropriate authorities in accordance with LifeSkills Grievance Procedure and or in accordance with Federal regulations.

Federal laws and regulations do not protect information or individuals who commit a crime or threaten to commit a crime against LifeSkills employees or while on LifeSkills property.

Federal laws and regulations do not protect information or the reporting of suspected child abuse or neglect to the appropriate state or local authorities.

Federal laws and regulations do not protect information or the reporting of suspected abuse, neglect or exploitation of an adult who is vulnerable due to an emotional, intellectual, or physical disability to the appropriate state or local authorities.

(Approved by the Office of Management and Budget under Control No. 6930-0099)
(See 42 U.S.C. 290dd-3 and 42 U.S.C. 290ee-3 for Federal law and 42 CFR Part 2 for Federal regulations.)

Addiction Services Educational Agreement

1. Educational services are provided to individuals seeking information, insight, and skills related to substances and the impact of substance use on their lives. Some educational programs require that the sessions be attended in a certain order. Regular attendance is expected. If referred to services, the education participant can be reported as noncompliant if allowable absences are exceeded.
2. Workbooks may be provided for or purchased by the education participant. If the workbook is lost, the education participant will have to purchase a replacement workbook when required.
3. LifeSkills education participants may be required to submit to saliva and urine drug screens, to complete alcohol breathalyzer tests on site, or to be referred to a laboratory to complete blood or hair sample analysis. The LifeSkills education participant is assigned all financial responsibility for the cost of drug screens. A positive drug screen or arriving for services under the influence will result in the education participant and therapist reevaluating the educational recommendation and making appropriate adjustments in service. Educational services will not be provided to participants who arrive under the influence.
4. Violence or threats of violence toward anyone on the premises or to LifeSkills property is immediate grounds for discharge.
5. Confidentiality will be maintained at all times. Each group member is responsible for maintaining the confidentiality of who attends group and what is said in the group.
6. Payment is expected at the time the service is provided. Failure to pay for services could result in being discharged from the program. Services must be paid in full before the educational program is considered complete.
7. Participation through assignment completion, showing respect for others, and verbal sharing in the group is expected. The failure to actively participate in education may result in the therapist reevaluating the recommendations and making appropriate adjustments in service or dismissal from the program.

Addiction Services Financial Agreement

The following are the standard addiction services self-pay rates. You can work with a LifeSkills staff member to determine if you can pay on the sliding fee scale for eligible services. Your therapist and you will determine which if any of these programs and services would be appropriate for you.

- Substance Abuse assessment fee - \$144
- DUI assessment fee - \$144
- Outpatient group fee – \$40
- Client drug screen - \$25
- Client synthetic drug screen - \$55
- Zero Tolerance PRI Class - \$210

What you should know about HIV and Aids

What is AIDS?

AIDS is the Acquired Immune Deficiency Syndrome- a serious illness which makes the body unable to fight infection. A person with AIDS is susceptible to certain infections and cancers. When a person with AIDS cannot fight off infections, this person becomes ill. Most people with AIDS will die as a result of their infection.

What causes AIDS?

AIDS is caused by a virus called Human Immunodeficiency Virus or HIV. HIV can be spread by:

- Sexual contact (oral, anal, or vaginal intercourse) with an infected person when blood, semen or cervical/vaginal secretions are exchanged.
- Sharing a syringe/needle with someone who is infected
- Receiving contaminated blood or blood products (very unlikely now because blood used for transfusions has been tested for HIV antibodies since March 1985)
- An infected mother passing HIV to her unborn child before or during childbirth, and possibly through breast feeding.
- Receipt of transplant of infected tissue/organs or artificial insemination from an infected donor.
- A needle stick or sharps injury in a healthcare setting involving an infected person.

You cannot get HIV through casual contact, such as:

- Sharing food, utensils, or plates
- Touching someone who is infected with HIV
- Hugging or shaking hands
- Donating blood- (this has NEVER been a risk for contracting HIV)
- Using public restrooms
- Being bitten by mosquitoes or any other insect

Treatment:

Early diagnosis of HIV infection is important! If you have been told you have HIV you should get prompt medical treatment. Your doctor will help you determine the best treatment for you.

HIV antibody testing:

Free anonymous and confidential testing and counseling is available at every health department in Kentucky. After being infected with HIV, it takes between two weeks and six months before the test can detect the antibodies to the virus.

You should be tested if you:

- Have had sex with someone who had HIV
- Have shared needles or syringes with someone who has HIV
- Have had multiple sex partners or have had sex with someone who has had multiple partners
- Have had sex through prostitution (male or female)
- Have had sex with injecting drug users
- Had a blood transfusion between 1978 and 1985
- Are a woman who is pregnant or desires to be pregnant and who wishes to reduce the chance of your baby getting HIV from you should you be infected

Remember: You can't tell whether someone has HIV just by looking at them.

Prevention:

- Do not share needles or syringes with anyone
- Do not have sexual intercourse except with a monogamous partner whom you know is not infected.
- If you choose to have sex with anyone else, use latex condoms (rubbers), female condoms or dental dams every time you have sex.
- Educate yourself and others about the HIV infection and AIDS

What is safer sex?

Safer sex practices include:

- Abstinence (not having sex with another person)
- Having sex only with a person who you know does not have HIV, who does not practice unsafe sex or inject drugs
- Massage and hugging Mutual masturbation
- Dry kissing
- Body-to-body rubbing

Possibly safer sex practices include:

- French (wet) kissing
- Oral sex using latex condom (rubber) or dental dam
- Anal sex using a latex condom (rubber)
- Vaginal sex using a latex condom (rubber) or female condom

Remember: To reduce your chance of getting HIV, use a new latex condom (rubber) or female condom even when you use another birth control method or even if you are already pregnant.

Unsafe sex practices include:

- Semen ("cum", "sperm") or urine in the mouth
- Anal sex without a condom (rubber)
- Vaginal sex without a condom (rubber) Sharing sex toys
- Coming into contact with someone else's blood

How to use a latex condom:

1. Use a new latex condom (rubber) every time you have sex.
2. The condom should be rolled onto the erect (hard) penis pinching an inch at the tip of the condom to hold the ejaculation (semen) fluid. Air bubbles should be smoothed out.
3. Use plenty of WATER-BASED lubricants such as K-Y Jelly before and during intercourse. DO NOT USE oil-based lubricants such as petroleum jelly, mineral oil, vegetable oil, Crisco, or cold cream.
4. After ejaculating ("cumming"), withdraw the penis holding the condom at the base so it will not slip off.
5. Throw away the used condom (rubber) and wash hands.

This agency provides quality services to ALL patients, regardless of HIV status

If you need more information, please call:

Kentucky HIV/AIDS Education Program (502) 564-6539
Kentucky AIDS Hotline 1-800-840-2865 or the National AIDS Hotline 1-800-342- AIDS
Your Local Health Department's AIDS Coordinator

Notice to All Clients Seeking Addiction Services

As a client seeking substance abuse services, it is extremely important that you are aware of several facts. There is a strong connection between substance abuse and both tuberculosis (TB) and HIV/AIDS. The incidence of TB-related illness in Kentucky has been increasing dramatically over the past several years, particularly in alcohol using populations. If you are in that category you are at a higher risk than the general population for contracting both TB and HIV/AIDS. We strongly encourage you to seek testing for these diseases because early detection is very important in their treatment.

If you wish to be screened for TB and/or HIV/ADS, you may arrange confidential testing by contacting your local health department. If you need any help finding these resources, please talk to the front desk or your therapist.

My signature below indicates that I have reviewed the following items and was given the opportunity to ask questions.

- Terms of Addictions Services
- Confidentiality of Alcohol and Substance Abuse Services
- Addiction Services Educational Agreement
- Addiction Services Financial Agreement
- What You Should Know About HIV/AIDS
- Notice to All Clients Seeking Addiction Services

Client/Parent/Representative's Signature _____
Relationship to client: Parent Guardian Other _____

Signature of Witness