

A pregnant woman with blonde hair, wearing a blue sleeveless dress, is shown in profile on the left side of the image, looking out over a river. Her hand is resting on her belly. In the background, a white silhouette of the state of Kentucky is superimposed over the river and foliage. The scene is brightly lit, suggesting a sunny day.

Recovery- Oriented Plan of Safe Care Toolkit

Resources and supports for women, children, and families who are vulnerable to substance use disorder and are pregnant and/or postpartum.

This toolkit is guided by the Recovery-Oriented Systems of Care Framework.

This guide was created and provided by the Barren River Recovery Plan of Safe Care Committee and LifeSkills, Inc. Supported funds from the Kentucky Opioid Response Effort (KORE) to implement a comprehensive targeted response to Kentucky's opioid crisis by expanding access to a full continuum of high quality, evidence-based opioid prevention, treatment, recovery, and harm reduction services and supports in high-risk geographic regions of the state.



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What is Addiction?

Addiction is a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual's life experiences. People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences.

Prevention efforts and treatment approaches for addiction are generally as successful as those for other chronic diseases.

Adopted by the ASAM Board of Directors September 15, 2019

Substance Use and the Brain

- Every thought, mood, and emotion starts with a message between neurons in the brain.
- Brain neurons adapt and become altered by repeated activity.
- Alcohol and other drugs disrupt this system by substituting the drug for the brain's natural neurotransmitters.
- Drugs activate the brain's reward center, releasing neurotransmitters, such as dopamine.
- The more someone uses substances, the less they feel the rush and the more they need to use to feel normal. This is called tolerance.



Signs of Substance Use Disorder

A substance use disorder involves changes to the brain that include tolerance, withdrawal, compulsive drug seeking despite negative consequences, cravings and an inability to control drug use.

Some signs:

- Inability to control drug use
- Compulsive drug use
- Continued drug use despite harm
- Cravings for the drug

(Recovery Champions/Hazelden Betty Ford Foundation) Pages 5 to 11

RECOVERY-ORIENTED Systems of Care

Recovery-oriented systems support person-centered and self-directed approaches to care that build on the strengths and resilience of individuals, families and communities to take responsibility for their sustained health, wellness and recovery from alcohol and drug problems. (CSAT, SAMHSA)




KORE offers Kentucky an opportunity to dedicate much-needed resources to address five overarching goals: (1) preventing opioid misuse and abuse; (2) increasing access to OUD (opioid use disorder) treatment services, including medication-assisted treatment; (3) increasing the availability of recovery support services designed to improve treatment access and retention and support long-term recovery; (4) increasing availability of naloxone; and (5) enhancing statewide coordination and evaluation of healthcare and public safety strategies targeting opioid misuse and overdose.

dbhdid.ky.gov/dbh/kore.aspx

In Recovery-Oriented Systems of Care (ROSC), organizations are guided by a set of values, goals, elements, core functions and outcomes to achieve the ROSC's mission. To promote the health of individuals, families and communities, a public health approach is adopted. Substance use disorders are biopsychosocial conditions. These conditions are influenced by various social determinants of health, for example, the social and physical environment, income, education, and life skills. Only by understanding these determinants and applying to influence them can the disease be impacted. (CSAT, SAMHSA)

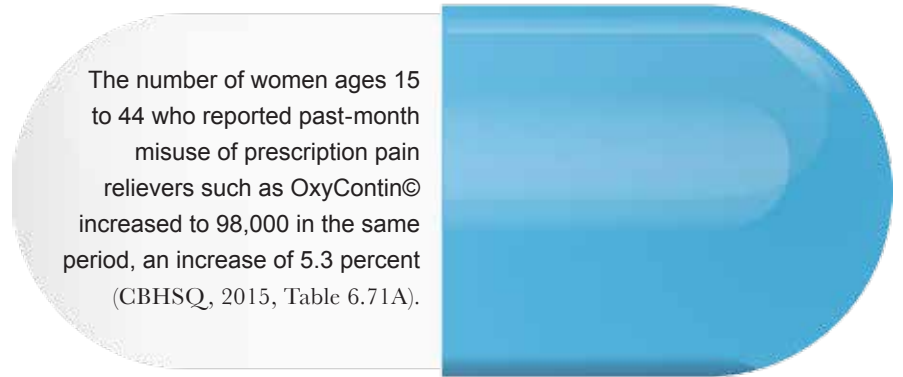
Goals of Recovery-Oriented Systems of Care:

- 
- Multi-system care team approach.
 - To keep women and their families from “falling through the cracks.”
 - Assures everyone is able to receive an appropriate level of ongoing support of sufficient duration to promote possible outcomes for families and children.
 - Goes beyond making referrals or warm handoffs.
 - Planning needs to be embedded within a system of care that targets multiple levels of care (individual, family and beyond).
 - Planning targets women and families at three points of intervention: Pregnancy, time of birth and at least two years postpartum.

Epidemiology



In 2015, more than 27 million people in the United States reported current use of an illicit drug or misuse of prescription drugs in the past 30 days (Center for Behavioral Health Statistics and Quality [CBHSQ], 2016). The number of women of childbearing age, defined as ages 15 to 44, who reported past-month heroin use increased to 109,000 in 2013–2014, an increase of 31 percent from 2011–2012 (CBHSQ, 2015, Table 6.71A).



The number of women ages 15 to 44 who reported past-month misuse of prescription pain relievers such as OxyContin® increased to 98,000 in the same period, an increase of 5.3 percent (CBHSQ, 2015, Table 6.71A).



The Centers for Disease Control and Prevention (CDC) estimates that one-third of reproductive-age women enrolled in Medicaid and more than one-quarter of those with private insurance filled a prescription for an opioid pain medication each year between 2008 and 2012 (Ailes et al., 2015). The prevalence of OUD during pregnancy more than doubled between 1998 and 2011 to 4 per 1,000 deliveries (Maeda, Bateman, Clancy, Creanga, & Leffert, 2014).

Neonatal Abstinence Syndrome (NAS)

Neonatal Abstinence Syndrome (NAS) is a group of physiologic and neurobehavioral signs of withdrawal that may occur in a newborn who was exposed to psychotropic substances (e.g., opioids) in utero. Opioid use, whether resulting from prescription misuse or from illicit use, has consequences for the mother-infant dyad, with anywhere from 50 to 80 percent of opioid-exposed infants developing NAS (Jones, Chisolm, Jansson, & Terplan, 2012; Patrick, Dudley, et al., 2015).

From 2009 to 2012, the number of infants diagnosed with NAS increased from 3.4 to 5.8 per 1,000 hospital births, with more than 20,000 infants diagnosed with NAS in 2012 (Patrick, Davis, Lehmann, & Cooper, 2015). The rate of NAS per 1,000 hospital births is not uniform across the nation; rates in rural regions are generally higher than those in urban regions (Villapiano, Winkelman, Kozhimannil, Davis, & Patrick, 2017).

The increase in numbers of infants with NAS, along with other complications, and approach the hospital takes to treating NAS contributes to substantially increased hospital costs, with an average mean charge of \$93,400 in 2012 dollars (Patrick, Davis, et al., 2015).



Too often, pregnant woman with Opioid Use Disorder (OUD) receive no, or very little, prenatal care. With no healthcare professional to monitor their pregnancy, women with OUD may present in a hospital emergency department late in pregnancy or in labor. This happens because women may not recognize they were pregnant, fear being incarcerated for illicit drug use or for exposing their fetus to illicit drugs, lack funds to pay for services, transportation or daycare, and/or fear losing custody of their other children (Howard, 2016).

Attending to the woman's immediate needs is important. For any pregnancy, the healthcare professional's priority is to ensure the well-being of the woman and fetus. In the context of a possible Substance Use Disorder (SUD), learning as much as possible about her opioid use (i.e., type, amount, route, duration, and time of last use) provides the foundation for possible treatment. It is critical to know whether she is on pharmacotherapy for OUD and, if so, which medication she receives so that it can be continued as appropriate. If she is receiving or desires SUD treatment, obtain her consent to communicate with her treatment provider or have a care manager facilitate an effective referral.

For women who are already on pharmacotherapy for OUD and then become pregnant, it is important to collaborate with all healthcare professionals in order to secure the kinds of information releases that will be necessary to coordinate care among those who write pharmacotherapy prescriptions, those who may manage other behavioral health issues, and those providing prenatal care.

Pregnancy is a time of great potential for positive change. A woman with OUD may be motivated to enter treatment not only out of concern for the health of the fetus, but also because during pregnancy she can envision a different future for herself and her child. In the past, it was generally believed that people with OUD could not successfully stop smoking or using other substances while they discontinued opioid use. However, when people are motivated to change, either to achieve a positive outcome or to avoid a negative one, they may be more successful at discontinuing substance use if all the addictive substances they are using are addressed at once, whether alcohol, tobacco, or illicit drugs, including opioids. SUD is recognized to be a chronic disease with expected lapses.

The pregnant and postpartum woman with OUD should be encouraged to keep trying, through a combination of pharmacotherapy and behavioral interventions, not abstinence, to reach the goal of ending substance use. However, it is important to recognize that immediate and simultaneous discontinuation of all substances (e.g., alcohol, benzodiazepines, opioids) may not be feasible or even safe, particularly during pregnancy because of the additional risk to the developing fetus, which may also be going through withdrawal unmonitored. Withdrawal from one or multiple substances may require inpatient care (ASAM, 2015; Commonwealth of Pennsylvania, 2016; Jones et al., 2008, 2016; McCarthy, Leamon, Willits, & Salo, 2015; Meyer & Phillips, 2015).



For individuals seeking recovery from opioid use in an outpatient setting. A comprehensive approach is used to help clients begin and/or continue their new lives in recovery. When appropriate, recovery may be assisted by certain medications that support longer-term engagement in treatment.

A substance use assessment is required to determine admission into our program. People who reside within LifeSkills' ten-county service region are referred to the center through Single Point of Entry (SPOE), inpatient, and outpatient services. Individuals may also be referred by other community agencies and partners.

Primary Focus

This program's primary focus is to treat individuals who are suffering from opioid addiction, offering integrative programming to treat opioid use disorder. Based on The Hazelden Betty Ford Foundation's Comprehensive Opioid Response with the Twelve Steps (COR-12) Treatment Model, emphasis is on "the long-term commitment to recovery and encompasses family, support groups, accountability and the recovery community." While our program utilizes medical management as a tool to treat a chronic condition, the main focus is therapeutic treatment for opioid use disorder.

Program Model

Our Outpatient-Based Opioid Treatment (OBOT) program is based on The Hazelden Betty Ford Foundation's Comprehensive Opioid Response with the Twelve Steps (COR-12) model. This model "employs evidence-based practices along with the wisdom and healing power of Twelve-Step recovery to help individuals with opioid use disorders achieve stable recovery."

Treatment Elements

Elements of OBOT include:

- Medical Opioid Withdrawal Management (if medically indicated)
- Comprehensive Assessment
- Education on Medications for Opioid Use Disorder and Different COR-12 Treatment Pathways
- Individualized Treatment Planning
- Individual, Educational and Group Therapy
- Family Engagement and Education
- Peer Support with Integration to 12-Step Recovery Community
- Case Management
- Medications for Opioid Use Disorder (based on most appropriate COR-12 pathway)
- Re-engagement and Relapse Prevention
- COR-12 Path to Lifelong Recovery

Outpatient-Based Opioid Treatment (OBOT) & Medicated-Assisted Treatment (MAT) Programs

Agency	Address	Insurance	Phone/Website
A New Start Mon 8:30 am to 8 pm T-Th 8:30 am to 6 pm Fri 8 am to 3 pm	Central City, KY		1-866-934-4611
Applegate Recovery Wed 9 am to 2 pm Fri 12 pm to 6 pm	5966 Scottsville Road #7 Bowling Green, KY 42104	Cash only No Insurance or Medicaid	270-906-0138 or applegaterecovery.com
Center for Behavioral Health Mon-Fri 5 am to 2:30 pm Sat-Sun 5:30 am to 7:30 pm	Bowling Green, KY	Cash only No Insurance or Medicaid	270-782-2100
Clean Slate Mon 9 am to 8 pm T-Th 9 am to 5 pm Fri 9 am to 2 pm	Bowling Green, KY	Accepts most insurances Medicaid and Medicare	270-467-7180
LifeSkills, Inc. Outpatient-Based Opioid Treatment Program M-Th 8 am to 6 pm Fri 8 am to 12 pm	1711 Ashley Circle Suite #6 Bowling Green, KY 42104	Accepts all insurances Medicaid and Medicare	270-901-5177 or lifeskills.com
Rivendell Behavioral Health Hospital (In-patient) 24 hours day/7days a week	1035 Porter Pike Bowling Green, KY 42101	Accepts most insurances Medicaid and Medicare	270-843-1199 or rivendellbehavioral.com
Simpson Treatment Center M-F 5 am to 10 am Sat-Sun 7 am to 9 am	Scottsville, KY		270-253-3078
Spero Health M-Fri 8 am to 4:30 pm	640 Wright Avenue Bowling Green, KY 42104	Accepts most insurances and Medicaid	270-495-4323 or sperohealth.com

Effective interventions for Opioid Use Disorder (OUD), including Medication-Assisted Treatment (MAT), do exist, and healthy outcomes can occur for both the mother and the infant, but only when healthcare professionals can recognize and treat Substance Use Disorder (SUD), which includes OUD, and substance exposure in infants.



***Breastmilk is
a gift for the
newborn that
lasts a lifetime.
Only mom can
provide this gift
for her infant.***

Medical Center Breastfeeding

Breastfeeding is a learned skill for both mom and baby. Would you know what to do when feeding your new baby for the very first time?

Would you know what normal breastfeeding behavior is and what to do in the first 24 hours of life if breastfeeding wasn't going as expected?

The Medical Center prenatal breastfeeding class will answer these questions and many more.

★ **Lactationtraining.com**

★ In-Patient: 24-hour breastfeeding assistance

★ Out-patient:

Moms can make appointments and come and talk with the lactation team. Outpatient lactation consults are available for problems with breastfeeding, breastfeeding management, or individual preparation for returning to work while maintaining an adequate breast milk supply for your infant.

★ Telephone counseling

📞 270-796-2108

📞 Leave a message and a consultant will call back

📞 7 days a week

📞 Half-day on Sunday

★ To register for a breastfeeding class, call (270)796-2495 or visit **Themedicalcenter.org**

★ Once a month a breastfeeding class is held. Breastfeeding basics are taught by a registered IBCLC lactation consultant.

★ Consultants are covered by most major insurance plans.

Substance Use Disorder Pregnancy / Post-Partum

Supporting Infants and Children to Build Healthy Communities

EARLY CHILDHOOD CONSULTANTS

Early Childhood Consultants (ECC) offer opportunities to work with infants and young children, pregnant girls/women and families impacted by opioid and other substance use disorders with a focus on infants and young children identified as having been exposed to substances in utero.

The ECC coordinates and connects others, children and their families, to services and resources that focus on improving their overall quality of life.

SERVICES FOR FAMILIES AND COMMUNITIES

Family-centered training that helps build and strengthen parenting skills, parent-child bonding, healthy attachment, and family resilience.

- Care Management
- Education
- Coaching
- Screenings
- Consultations
- Trainings
- Outreach
- Collaborations

HOW CAN WE WORK TOGETHER TO HELP PREGNANT WOMEN AND CHILDREN THRIVE?

Any at-risk pregnant or parenting woman or anyone who knows a pregnant or parenting woman using or at risk of using opioids can make a referral with an ECC to help families get the resources they need.

The ECC can also refer children ages 0-5 to Early Childhood Mental Health Specialists for early interventions.

HOW TO FIND AN ECC IN THE COMMUNITY / RESOURCES

Early childhood consultants are located in each of the 14 Community Mental Health Centers and provide services to families statewide.

Program Liaison (502) 782-7999

LifeSkills, Inc.

Early Childhood Consultant
270-901-5000 ext. 1403

Counties: Warren, Barren, Simpson, Edmonson, Logan, Allen, Monroe, Hart, Metcalfe and Butler

Kentucky Opioid Response Effort (KORE)

PREVENTION

Educational services are offered to reduce the risk for substance use during pregnancy. These services are open to ALL pregnant and up to 60 days post-partum mothers. Prevention Services include Healthy Baby Workshops, one on one meetings, and referrals to all community partners & other LifeSkills Services.



Kentucky Moms
Maternal Assistance Towards Recovery

LifeSkills

380 Suwannee Trail

(270) 901-5000

Prevention x1114

Case Management x1261

"Supporting all Moms...."

CASE MANAGEMENT

Services are offered to pregnant and up to 60 days post-partum mothers who have mild, intermediate, or severe substance use disorders. Treatment is not required to receive services. Case Management services can last up to 12 months and include; community partner referrals, one on one meetings, assistance with navigating LifeSkills services, and treatment options.



Passport has a very special program for pregnant women called Mommy Steps. Our Mommy Steps Program is here to help you during your pregnancy, as well as after your baby is born.

Mommy Steps can give you information about:

- Your pregnancy, delivery and what to do once you go home
- How to find resources such as Women, Infants and Children (WIC)
- Your Passport benefits during pregnancy
- Spacing out pregnancies
- Immunizations (shots)
- Diet and exercise
- Vitamins and folic acid
- Birth control
- Dental care
- High risk issues

You Can Earn Rewards!

- Earn \$10 per visit for attending 6 prenatal visits for a total of \$60.
- Earn \$25 for attending a postpartum check-up within 3 to 8 weeks after delivery.
- If you had a C-section, earn \$10 for having an incision check within 7 to 14 days after delivery.

Join Mommy Steps!

All pregnant Passport members are welcome to join Mommy Steps.

- To join, simply call **1-877-903-0082** as soon as you know you are pregnant.
- When you call, you can ask for a free copy of the book "My Pregnancy Month By Month." This book will give some great advice and help you along the way.

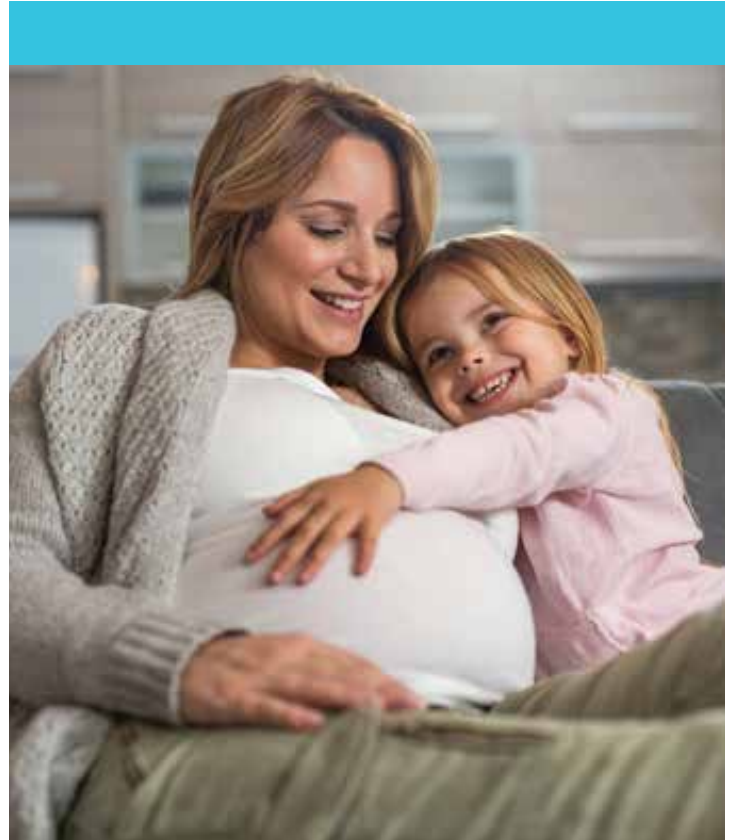
PASSPORT
HEALTH ★ PLAN





Introducing WellCare BabySteps

Care for pregnant and post-partum
women of all risk levels
throughout pregnancy and
up to 60 days post-partum



WellCare BabySteps

WellCare Health Plans introduces WellCare BabySteps, an important new program for both our providers and members!

Pregnancy is a time of healthy beginnings. WellCare BabySteps merges care coordination and care management services to **improve birth and mental health outcomes** for our members – your patients. We make this possible by using innovative engagement strategies to link members to vital in-network and community services.

With WellCare BabySteps, providers earn monetary incentives based on maternity indicators, including risk assessment forms, screenings and visits. (Indicators vary by state. Learn more at your state's provider portal at www.wellcare.com.)



Long-term Goals and Objectives for WellCare and Providers

1

Improve the quality of maternity care

- Assess 100% of moms for post-partum depression and anxiety after delivery
- Provide 100% of moms with educational materials on family planning, including ease of access to long-acting reversible contraception
- Share information about community resources with 100% of pregnant members

2

Improve birth outcomes

- Decrease preterm deliveries to less than the national rate of 9.9%
- Decrease the NICU birth rate to less than the national rate of 11%

3

Reduce cost of care for mothers and infants *(reporting through Care Central)*

- Identify risk factors earlier in pregnancy
- Address social determinants of health

4

Increase member engagement

- Implement in-house model of care
- Increase member engagement from 12% to 30% by end of 2021

5

Improve provider engagement

- Provide education on identification and referral of pregnant members (includes closed loop referrals)
- Strengthen current incentive programs
- Partner with network to initiate value-based provider contracts



To learn more about the financial incentives WellCare BabySteps offers our provider partners, please call your provider representative.





WellCare BabySteps Benefits for Members and Providers

Meaningful encouragement from our providers to our members is imperative to the long-term success of WellCare BabySteps, so your support of the program is crucial.

Be sure to remind members about the incentives available to them, including:



The Healthy Rewards Program

for seeing their doctor and taking steps for themselves and their baby to live well. Completion of prenatal, post-partum, and baby's 0-15-month well-child visits can earn members a gift card, plus other great incentives like a stroller, playpen, car seat or six-pack of diapers.



Convenient in-home nurse visits

at no cost to the member



Transportation to and/or from health appointments



A Care Management team that is available 24/7 to help our members understand their pregnancy, health conditions and assist with their needs. Joining WellCare BabySteps also lets members get regular contact from their care manager/care coordinator, based on their risk level.



Referring members to WellCare BabySteps

Do you have any questions about the WellCare BabySteps program or would you like to refer a patient? Please visit your state's provider portal any time day or night at **www.wellcare.com**. Or you can call our care management team at **1-866-635-7045**. We are available Monday through Friday from 8 a.m. to 6 p.m.



Thank you for your partnership and work to ensure that every WellCare member receives quality healthcare.

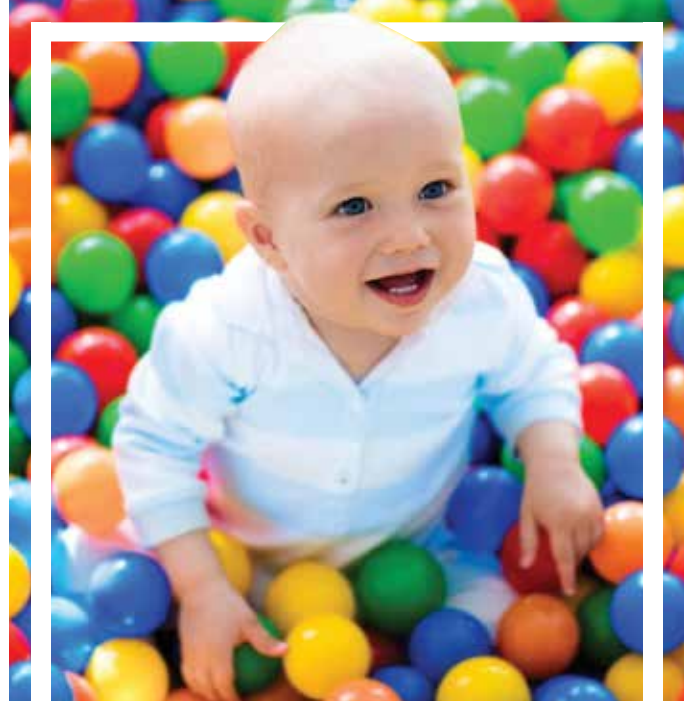


 **WellCare®**
Beyond Healthcare. A Better You.



Welcome to WellCare BabySteps

Tools, tips and reminders for
you and your baby.



Welcome to WellCare BabySteps

Pregnancy is a time of healthy beginnings.

WellCare BabySteps is here to guide you and your baby along the way.

- Did you know that you can visit a dentist at no cost to you? Use the Find a Provider tool at [wellcare.com/Kentucky](https://www.wellcare.com/Kentucky) to start your search.
- Time to pick your child's pediatrician. Start searching with the Find a Provider tool at [wellcare.com/Kentucky](https://www.wellcare.com/Kentucky).



Personalized Care

Your Care Management team is here to help you understand your pregnancy and health conditions, and assist with your needs. We'll reach out to you soon.

In the meantime, if we've missed you or you want to learn more?

- Call: **1-866-635-7045 (TTY 711)**
- Visit: **wellcare.com/Kentucky**



Healthy Rewards

Get rewards for seeing your doctor and taking steps to live well for you and your baby. To learn more about this program, visit **wellcare.com/Kentucky**.



Complete your prenatal care visit and earn a gift card plus your choice of a stroller, playpen, car seat, or 6 pack of diapers.



Visit **wellcare.com/Kentucky** to find out how you can get an electric breast pump at no cost to you.



Complete your post-partum visits and earn a gift card.



Complete your baby's 0-15 month well-child visits and earn gift cards.



Keep Your New Baby Healthy!

Time to make sure your child has benefits. Don't forget to apply.

- For details or to learn more, visit **wellcare.com/Kentucky**



Call 911 or your doctor right away in a health emergency.

KEEP THESE HANDY:



Download the MyWellCare App

Access your health benefits on the go!
Available on the App Store or Google Play.



Customer Service 1-877-389-9457 (TTY 711)

Our friendly staff can help with ID cards,
OTC orders and much more.



24-Hour Nurse Advice Line 1-800-919-8807

Our nurses are available 24 hours a day,
7 days a week.



Community Connections Help Line 1-866-775-2192

Get connected with local, community-
based services such as transportation,
help with food, child-care and more.



24-Hour Behavioral Health Crisis Line 1-855-661-6973

If you or a family member is having a
behavioral health crisis, call us for help.



For details or to learn more,
visit **[wellcare.com/Kentucky](https://www.wellcare.com/Kentucky)**

WellCare of Kentucky complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-877-389-9457** (TTY: **711**).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-389-9457** (TTY: **711**).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。
請致電 **1-877-389-9457** (TTY: **711**)。

Barren River

DISTRICT HEALTH DEPARTMENT

Barren, Butler, Edmonson, Hart, Logan,
Metcalfe, Simpson, and Warren Counties



Place parent label here or complete the following information:

Mom's Name: _____

Mom's Date of Birth: ____/____/____ SSN: _____

Address: _____

City/Zip: _____ County: _____



HANDS is an early childhood development program. Your baby will grow and change so much starting in pregnancy, then as an infant and toddler. If you are pregnant or have a newborn, we can support you in those first, very important years with information and resources while having lots of fun with activities, homemade toys, and developmental screenings. Services are free, voluntary, and provided in the convenience of your own home.

Interested? ☐ HANDS contact: Misty Johnson.

Baby's Due Date or Delivery Date: ____/____/____

If born, infant must be less than 3 months old



WIC is another way to do something good for your family. WIC provides healthy foods – including fresh fruits and vegetables and whole grains...and much more.

- Nutritional Counseling
- Breastfeeding Counseling and Support
- Health Screening
- Referrals to Health Services

If you are pregnant, breastfeeding, just had a baby or have children under the age of 5 years you may qualify.*

Interested? ☐ WIC contact: Lana McChesney.

WIC Income Guidelines*

Effective April 1, 2019

Household Size	Week	Month	Year
1	\$445	\$1,926	\$23,107
2	602	2,607	31,284
3	759	3,288	39,461
4	917	3,970	47,638
5	1,074	4,651	55,815
6	1,232	5,333	63,992
7	1,389	6,014	72,169
8	1,546	6,696	80,346

*Persons who receive Medicaid or Food Stamp benefits automatically meet income requirements.

☐ I am interested in knowing more about the selected program(s) and consent that someone may contact me to share information.

Patient's Signature

Phone Number

Text O.K.? Y N

Referring Staff's Signature

Agency

Date

Please return via fax, 270-796-8946, to the contact person(s) listed above

Revised July 2019



Department of Community Based Services

The Department for Community Based Services (DCBS) is responsible for child and adult protection, foster care and adoption, and services to enhance family self sufficiency, including food stamps and cash assistance.

Assistance Programs

Supplemental Nutrition Assistance Program (SNAP) - helps individuals and families stretch their food budgets and buy healthy foods.

SNAP Overview

- **Kentucky Transitional Assistance Program (KTAP)** - provides cash assistance to families with children to help pay for basic needs such as rent, utilities, and other household expenses.
- **Medicaid** - offers assistance to help cover costs for needed medical care including preventive health care.
- **Child Care Assistance Program** - offers assistance to working families to pay for Child Care services.
- **Kentucky Integrated Health Insurance Premium Payments Program (KI-HIPP)** – offers employees reimbursement for premiums paid for employer-sponsored health insurance, including Retiree Health/COBRA/United Mine Workers Insurance, if found cost-effective to the Commonwealth.

Contact the DCBS Family Support Call Center at 1-855-306-8959

To report child/adult abuse please call :

Child/Adult Abuse Hotline at 1-877-597-2331 or make an on-line report at

<https://prdweb.chfs.ky.gov/ReportAbuse/>



Kentucky State Police Angel Initiative Program

The Kentucky Angel Initiative is a program started by the Kentucky State Police in 2016 with one goal: SAVE LIVES

The Angel Initiative is a pro-active approach offering an alternative escape to those battling addiction. Under this initiative, anyone battling addiction can come to ANY KSP post and get help finding a treatment center. No questions asked.

Objectives of the Angel Initiative:

- To forge partnerships with the community in order to address addiction and prevent overdoses.
- The Angel Initiative only applies to people who voluntarily present themselves. It is not a means to complete a court-ordered treatment or to fulfil sentencing obligations.
- The Angel Initiative does not apply to those people encountered during regular law-enforcement duties within the post area.
- Angel Initiative participants shall be treated professionally and compassionately at all times during the intake process.

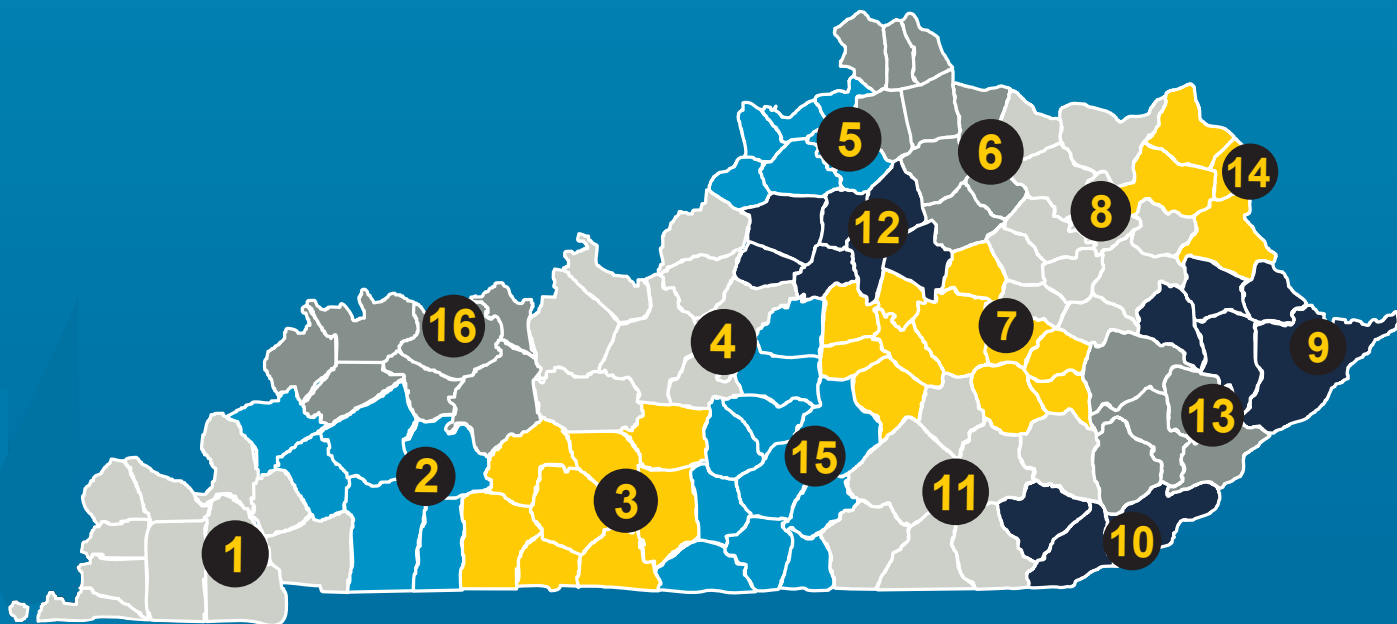
Disqualifiers for the program:

- An outstanding arrest warrant
- A non-extraditable arrest warrant in another jurisdiction
- A registered sex offender in any state
- The Intake Officer can articulate a reasonable belief the person may harm others
- An unaccompanied minor
- Has no Photo ID or other means to positively prove their identity

What to expect when you arrive at a post:

- You will need to provide photo ID and insurance card if applicable. Do not let lack of insurance prohibit you from coming. Facilities exist for non-insured individuals.
- Review and sign a Participant Agreement Form granting permission to conduct records check and submit to being searched.
- If you have any drugs and/or drug paraphernalia on your person, you will NOT be charged, jailed or investigated. They will be confiscated and destroyed.
- Intake screening in order to determine best treatment options.
- The intake officer will work quickly to locate a treatment facility to best meet your needs.

Any person who voluntarily enters a Kentucky State Police post and requests help with addiction will be immediately screened into the Angel Initiative.



KSP POST LOCATIONS:

POST 1: MAYFIELD
(270) 856-3721

POST 2: MADISONVILLE
(270) 676-3313

POST 3: BOWLING GREEN
(270) 782-2010

POST 4: ELIZABETHTOWN
(270) 766-5078

POST 5: CAMPBELLSBURG
(502) 532-6363

POST 6: DRY RIDGE
(859) 428-1212

POST 7: RICHMOND
(859) 623-2404

POST 8: MOREHEAD
(606) 784-4127

POST 9: PIKEVILLE
(606) 433-7711

POST 10: HARLAN
(606) 573-3131

POST 11: LONDON
(606) 878-6622


POST 12: FRANKFORT
(502) 227-2221

POST 13: HAZARD
(606) 435-6069

POST 14: ASHLAND
(606) 928-6421

POST 15: COLUMBIA
(270) 384-4796

POST 16: HENDERSON
(270) 826-3312



The Hope Center for Pregnancy is a non-profit organization that seeks to provide help, support, and hope to the women, children, and families of our community. Specifically, we seek to serve women who find themselves in the middle of an unplanned or unexpected pregnancy or have children under the age of 2 years old, as well as their children and families.

We provide free pregnancy tests for women who believe they might be pregnant. If their test result is positive, we also provide them with a free ultrasound performed by a licensed sonographer. Our goal and mission is to help our clients in every way that we can, whether that be physically, mentally, emotionally, or spiritually.

Our Hope for Life program allows our clients to earn Hope Dollars that they can spend in our Boutique. The Boutique contains both maternity items and baby items for children under 2 years old that have been generously donated by people in our community. Our clients can earn Hope Dollars by watching videos on pregnancy, parenting, or other important life skills, attending Sunday morning worship services, small groups, Sunday school classes, biblical counseling, and other various Bible studies that we offer. Upon earning those dollars, our clients can then purchase essential items for themselves and their children from our Boutique to help support them and help them provide for their children.

The beauty of this program is that they are gaining both knowledge on how to grow as a parent and material goods that are essential for their child's well-being. Our goal is to raise up healthy and responsible men and women, who will, in turn, raise healthy and responsible children, so that our community can have more healthy and responsible families!

1873 Christian Care Way
Bowling Green, KY, 42104

HOURS:

Monday-Wednesday: 9a-4p

Thursday: 9a-7p

Friday: 12-4p

(270) 282-0255

hopeforpregnancy.com

pregnancy@lhbg.org





Community Collaborations for Children

Purpose

Community Collaborations for Children (CCC) provides funding for community-based efforts that promote the safety and well-being of children and families. It provides funding to support a Statewide network of community-based, prevention focused services for families and children. The child's mental and physical health, safety and well-being are paramount concerns of CCC.

Goals

A key goal of CCC is to increase the strength and stability of families and to prevent child abuse and neglect, thereby keeping children safely in their homes.

Funding Sources

This project is funded in whole or in part from federal, Kentucky Cabinet for Health, or other state funds.

FOR MORE INFORMATION CONTACT THE FAMILY NURTURING OFFICE LOCATED AT:

Community Action of Southern Kentucky
921 Beauty Avenue
Bowling Green, KY 42102
Phone: (270) 782-3162 • Fax: (270) 783-8901
www.casoky.org



Like us on Facebook!
www.facebook.com/casoky



Follow us on Twitter!
twitter.com/casoky

Services

In Home

The Community Collaborations for Children (CCC) In Home Program provides trained, in-home family service associates to work in the home on a short-term basis with families. The associates identify family strengths as well as areas of concern. The strengths based approach to in home services is designed to promote safe, stable, healthy families and to prevent child abuse and neglect. Program staff also assists families in their ability to utilize community resources. Referrals are accepted through community partners, including but not limited to DCBS. Self-referrals are accepted.

Regional Network

The Barren River Regional Network is comprised of community partners and parents who work to reduce the risk of child abuse and neglect in local communities as well as to strengthen parents and families. Goals include but are not limited to: prevent child abuse and neglect, develop leadership roles for meaningful involvement of parents in development, operation, evaluation and oversight of programs and services, build awareness of child abuse and neglect, and targeting and educating the local community. The Regional Network provides funding for faith-based fatherhood initiatives and Child Abuse Prevention Month activities and events.

Mission Statement

"We team with community partners to provide human services with dignity and respect, empowering people in Southern Kentucky to achieve stability and economic security."



1133 Adams Street
Bowling Green, KY 42101
270-781-6714

Parents As Teachers - Little Learners is an in-home parent program offered in Warren, Allen, Logan, and Hart Counties and based upon the philosophy that a child's parent is his/her first and best teacher. The Parents as Teachers facilitator provides parents of children ages prenatal to five years with personal monthly home visits. The personal visits consist of parent/child activities, child development information, health/vision screenings, and developmental screenings.

Wee Care Early Childhood Program is an early childhood learning center that strives to provide high quality, affordable childcare to families who are at risk of child abuse or neglect. Wee Care Nursery serves children ages 6 weeks to 5 years old. Wee Care also provides free, respite care and drop-in childcare on an available basis.

Parenting Classes are provided as twelve-week, self-help courses. The program centers on the philosophy that parents can re-learn ways of thinking and behaving through education and replace unwanted, harmful behaviors with new, healthy nurturing behaviors. Parents and their children have benefited tremendously from the components of the parenting classes as evidenced by post-test scores and self-reporting.

CoParenting Classes - Offered the 2nd and 4th Wednesday each month for parentings who are divorcing and/or parents who are not in the same home raising children.

Parent Support Group is the last Thursday of the month for parents and other family members raising children. This group is an open-ended, peer-led group facilitated by the parent educator. The purpose of the support group is to offer a safe, nurturing environment enabling parents to express concerns, work through issues, gain insight from others in similar situations, and make up missed parenting class sessions.

The **Adoption Resource Program** provides services and support to pre/post foster/adoptive families. Services include a monthly support group held in Warren, a lending library of over 400 resources, parent training, recruitment of new foster/adoptive families, and crisis intervention.

Our **Supervised Visitation Program** provides supervised visitation for families who may be experiencing custody, reunification, domestic violence, child abuse, and/or other family crises. This program is a fee-based program and all visitations are court ordered or requested by the Cabinet for Health and Family Services.

For more information visit our website at www.familyenrichmentcenter.com or call 270-781-6714.



Drug Court promotes recovery through a coordinated response to offenders dependent on alcohol and other drugs. This requires a team approach that includes collaboration among judges, prosecutors, defense counsel, probation authorities, law enforcement, treatment providers, and other community agencies.

Allen County Drug Court

200 W. Main St.
Scottsville, KY 42164
270.237.3617

Simpson County Drug Court

209 E. Cedar St.
Franklin, KY 42134
270.586.3744

Warren County Drug Court

1001 Center St. Suite 105
Bowling Green, KY 42101
270.746.7042

Warren County Resource Guide

Abuse Services

- BRASS (Domestic Violence) 270-781-9334
Crisis line: 270-843-1183
- Hope Harbor 270-782-5014
Crisis Intervention, Warren County 270-846-1100
24-hour national crisis hotline 800-656-4673

Addiction Recovery/Support Groups

- Alcoholics Anonymous: 270-782-5267
Central Office/Intergroup
- Rivendell: Crossroads Program: 270-843-1199
Chemical dependency/dual diagnosis 1-800-548-2621
- Hope House: 270-904-1200
Male-only rehab & recovery home
- Park Place Recovery Center 270-901-5000
Ext 1445

Benefits

- DCBS 855-306-8959
 - Medicaid Supplements
 - SNAP Food Stamps
 - Spend down card (Med bills)
 - KTAP, KCIP
- Social Security Benefits 800-772-1213
 - Medicare supplements
 - Medicaid supplements
- Wellcare Rep 502-744-7205
Questions regarding benefits

BG Police Department 270-393-2473

Clothing

- Ms Annie's Place 422 Conrad Court BG
Tuesday & Thursday 9:00AM-11:30AM

Children & Family Services

- Community Action—Head Start Program: 270-782-3162
For low-income and special needs children
- Child Care Assistance
Dept. for Community Based Services: 855-306-8959
Medicaid, SNAP, KTAP, KCIP, KPC, etc.
- Potter Children's Home & Family Ministry: 270-843-3038
Single Parent housing & resources, foster care, etc.
- Pregnancy Support Center: 270-781-5050
Pregnancy Testing, Maternity & Infant Clothing, Formula
- WKU Child Care Centers 270-745-4042
- WKU Child Care Resource & Referral 270-745-2216

Crises Care — Fires

- Red Cross 270-781-7377

Dental Care

- Medical Center Health Dental Clinic 270-781-9687
- WKU Dental Hygiene Clinic: 270-745-2426
Teeth cleaning & X-ray only

Education

- Southcentral KY Community and Tech
College & Adult Learning Center: 270-901-1017
GED prep, ESL, citizenship, literacy, NCRC 270-901-1087

Employment Services

- Goodwill Job Junction 270-781-4930
- Hope House, Jobs For Life Program 270-904-1200
- KCTCS, Ready to Work Program 270-901-1011
- KY Career Center 270-746-7425
- ResCare 270-746-0830
- Vocational Rehab 270-746-7489

Temp Agencies:

- Ahead Staffing 270-904-3777
- Express 270-746-0509
- Labor Finders 270-843-2313
- People Ready 270-393-2270
- Quality Personnel 270-782-2226
- Elwood Staffing 270-904-1299

Financial Assistance (utilities, rent, deposits etc)

- Churches United: Only one help per year: 270-842-4307
- Community Action of SOKY/LIHEAP 270-782-4437
- Hope House 270-904-1200
- HOTEL INC 270-782-1263
Limited Medication, Transportation and Identification
Homeless services Rent Dep or Utility Dep only
Requires 11 week housing education program
- St. Vincent DePaul (Holy Spirit) 270-781-0432
Tue/Thurs 10:30-2:00pm
Every 6 months, only utilities
- Welfare Department 1/year 270-843-5340

Food Assistance

- Calvary Care Center: 270-842-5554
2nd Monday & Tuesday of each month,
Mon., 9am-1pm. Tues., 9am-12 pm
- Christ Episcopal Church: 270-843-6563
Wed. lunch at 11am
- Community Action: Mon.-Fri., 8am-4pm 270-782-4437
- Community Farmer's Mobile Market: SNAP recipients get
double dollars. Accepts cash, check, VISA, Mastercard,
Senior Nutrition Vouchers, WIC Farmer's Market vouchers.
1st & 3rd Wed's: 10am-1pm/Warren Co. Health Dept
1st Wed's: 4-6pm/ Boys & Girls Club
3rd Wed's: 4-6pm/The Foundry
- Community Meal — 1900 Louisville Rd
Every Saturday Noon (No parking at Pensky)
- Crossland Community Church 270-842-4428
1/month Mon-Thurs 9:00-4:00 pm
- Faith United Methodist Church: 270-843-8430
Mon. & Wed., 9:30-11:30am
- Feeding America- Drive Through 270-769-6997
Last Wednesday of the Month, 8-Noon
- First Baptist Church: 270-842-0331
Monday & Wednesday, 10am-Noon, once per month
- First Christian Church: 270-843-3191
Mon. & Tues., 10am-noon, Thurs 1-3pm, once every 3
months
- Food Stamp Office, DCBS, SNAP Benefits 855-306-8959

Warren County Resource Guide (continued)

- Greenwood Park Church of Christ: 270-781-0700
Tuesday & Thursday, 9:30am-12:00pm, once per month
- Hillvue Heights Church: 270-842-0012
M&F 9am-12pm, Tue/Thurs. 2:30-5pm. W-9a-12&1-5pm
- HOTEL INC/Manna Mart: 270-782-1263
Tues., 10am-12:30pm & 3:30-4:30pm, Thurs. & Fri., 10am-12:30pm
Once every 30 days/3 months in a row, skip 4th month.
- International Center 270-781-8336
- Meals on Wheels (over 60 years old) 270-782-9223
- State Street Baptist Church: 270-843-8016
Tues., 9am-1pm, Thurs. & Fri., 9am-12pm, once every 3 months
- St. Vincent DePaul: St. Joseph: 270-393-9800
Thurs., 9:30am-11:30am, and 3rd and 4th Tuesdays, 9:30am-11:30 am, once per month
- St Vincent DePaul: Holy Spirit 270-781-0432
Tues/Thursday 10:30-2:00 starting 9-5-17: 9:00-1:00pm
- The Presbyterian Church: 270-843-4707
Summer: Mon.-Thurs., 8:30-4:30, once a month
Rest of year: Mon.-Fri., 8:30-4:30pm, once a month
- The Salvation Army: 270-843-3485
Soup Kitchen: Mon.-Fri., 11:30am-12:30pm
January 2018; 6 annual food boxes:
Mon., Tues., Thurs., & Fri., 9-11am
- University Church of Christ (Life Care) 270-781-8804
Tues & Wed., 9-noon

International/Refugee Services

International Center: 270-781-8336

Affordable and Some Income Based Housing

- Abel Court Apartments 270-842-4114
- Bowling Green Housing Authority 270-843-6071
- Bowling Green Towers: 270-842-4215
Elderly or Disabled Housing:
- BG Housing Division 270-393-3715
- BRADD Housing Services 270-781-2381
- Community Action: 270-783-4484
Supportive Housing/Family Self Sufficiency Program
- Eastern Heights, Holly Hill, 270-781-6146
& Brittany Square Apts.
- Garden Apartments 270-781-4154
- Greenwood Villa 270-842-3600
- Habitat for Humanity 270-843-6027
- Northfield Acres 270-842-4998
- Parview Court 270-781-4511
- Regency Park Apartments 270-842-0172

Legal Services

- BG Human Rights Commission, INC: 270-782-7900
Promotes fair treatment/equal opportunity regardless of race, color, religion, national origin, age, sex, or physical handicap.
- KY Legal Aid: (1st Time) 270-782-5740

Medical Assistance

- Barren River District Health Dept. 270-781-8039
- Community Action 270-782-3162
- MedCenter Health Community Clinic 270-781-9260
- Fairview Community Health Center 270-783-3573
- KY Physicians Care Hotline 1-800-633-8100
- Mathew 25 AIDS Services, Inc.: 270-826-0200
HIV/AIDS education, support, food voucher program.
- Medicaid Assistance: 1-855-459-6328
Sign up for Medicaid through Kynect.
- Salvation Army: 270-843-3485
Eye exams and glasses only
- St. Vincent DePaul: Prescription assistance 270-781-0432
- Warren County Health Dept. 270-781-2490
- Welfare Office: Prescription assistance 270-843-5340

Mental Health Services/ Support Groups

- Wellness Connection 270-796-2600
- Lifeskills: Crisis Units, PATH & Therapy 270-901-5000
- NAMI: Mental Health Peer-Support Group 270-796-2606

Shelters

- BRASS (Domestic Violence) 270-781-9334
- Salvation Army 270-843-3485

Transportation

- Go Bus – Community Action 270-782-3162
- Ready to Work Shuttle – Hope House 270-904-1200
- Medical Transport – LKLP 270-846-2032
72 hours notice medical appt only

Utility Companies

- ATMOS Energy 270-901-1677
- BGMU 270-782-1200
- Warren, Simpson, & Butler County Water 270-842-0052
- Warren RECC 270-842-6541

Veterans Services

- VA Health Clinic 270-782-0120
- VA Crises Line 800-273-8255
- VA Homeless Veterans Hotline 877-424-3838
- US Dept of Vet. Affairs: 615-767-8376
Houses homeless vets. At HOTEL INC by appointment.
- Pennyroyal Veterans Center: 270-887-5099
3 month transitional housing/recovery home for homeless veterans. Located in Hopkinsville, KY.
- Ron Georgette, Centerstone: 615-426-2126
Mr. Georgette helps house homeless Veterans and those facing eviction. Call his cell for screening.



225 Natchez Trace Bowling Green, KY 42103
270-783-3573
<http://www.fairviewcommunityhealth.org>

A community-oriented facility providing financially and culturally accessible healthcare for the diverse population in Warren and surrounding counties in South Central Kentucky.

We offer the following services:

- Prenatal
- Pediatrics
- Family Practice
- Internal Medicine
- Women's Health
- Diabetes Care Management
- Triage Same Day Clinic
- On site Lab
- Immunizations
- Prescription Assistance
- Onsite Burmese, Bosnian, & Spanish translation.

Call 270-783-3573 ext. 1560 to establish a new patient appointment.

For those that have an established Fairview provider, referrals can be made to our GYN clinic, staffed by providers of Women's Health Specialists.

Primary Care Service Providers

- | | |
|---------------------------|-------------------------|
| • Jennifer Gray, MD | • Sheila Catlett, APRN |
| Medical Director | • Dawn Guess, APRN |
| • Lori Witcher, MD | • Jacqueline Wise, APRN |
| • Lori England-Wright, MD | • Diana Sprinkle, APRN |
| • Robert Allen Redden, MD | • Latricia Riley, APRN |
| • Rick Voakes, MD | • Brooke Clarke, APRN |
| • Thomas Hughes, MD | • Lindsey Young, APRN |
| • William Harrell, MD | • Kara Haughtigan, APRN |
| • Jennifer Tyler, APRN | • Monica King, APRN |

We are a Federally Qualified Health Center (FQHC) which means that we serve the under and un-insured in our community.

For self-pay patients, a minimum \$25 nominal charge is due at registration from all self-pay patients. All patients can apply for participation in our sliding fee scale program by completing an application form and providing proof of income for all household members.

We will bill Medicaid, Medicare, & most commercial plans that are in-network.

Contact Billing with any questions
@ 270-783-3573 ext. 1510

OB/GYN Providers

- Stephanie DeAngelis, DO
- Karen Lyons, MD
- Jeffrey Nemec, MD
- Manmeet Sandhu, MD
- Devin Trevor, MD
- Leigh Lindsey, CNM
- Heather Finney, CNM
- Courtney Maxfield
- Jennifer Johnson, CNM
- Residents with UK
College of Medicine
Bowling Green Residency
Program



If needing Prenatal services, please come by the clinic with your proof of pregnancy (it can be from a health department, pregnancy support center, doctor's office/lab, etc.) to complete your new OB paperwork. Please note, that for OB services we only see Medicaid and self-pay patients. Those with commercial insurance will be referred out to the appropriate provider.

If you are pregnant and uninsured, our receptionist will assist you in completing a PE application, or Presumptive Eligibility for Medicaid prior to your first appointment. This allows you time to complete a full application for Medicaid while starting OB services.

You will be seen once a month during the first 28 weeks, then twice a month until 36 weeks. Beginning at 36 weeks, your will be seen weekly.

Prenatal care & delivery will be provided by an OB/GYN physician or CNM from Women's Health Specialists. Throughout your pregnancy, may see more than one of these providers and the OB "on call" will be responsible for your delivery.

Steps to a Healthy Pregnancy

1. Avoid alcohol, drugs, tobacco, litter boxes, chemicals, uncooked meat & jacuzzis.
2. Get regular prenatal care!
3. Take prenatal vitamins and folic acid.
4. Get plenty of sleep & exercise.

Always contact
your physician if
any questions or
you have a change
in symptoms!

We look forward to serving you and your family!



Families Looking for Child Care

Child Care Aware of Kentucky is committed to helping families find safe, affordable, quality care. Our goal is to improve child care quality by offering training and technical assistance to child care providers and consumer education to the community-at-large.

To download one of our resources or to search for child care facilities across the state with options to meet your family's specific needs, visit:

www.childcareawareky.org

The list you receive does not imply recommendations to specific facilities.



Choosing Child Care

More and more, research tells us that our children's healthy development depends on safe and positive experiences during the first few years of life. Choosing high quality child care is one of the most important decisions you will ever make for your child. The 14 researched-based guidelines listed on the back of this handout can help you make the right choice for your child. Please consider the following tips before deciding on a child care program:

- Visit several different child care programs (center or family child care homes).
- Call to schedule an appointment for your visit to ensure the director's full attention to your tour.
- Plan to visit for at least an hour to watch activities, check the surroundings, and ask questions.
- Bring this checklist with you to guide your visit.

The KY Cabinet for Health and Family Services, Office of Inspector General, Division of Regulated Child Care helps to monitor programs for compliance. Visit this website for more information: <https://chfs.ky.gov/agencies/os/oig/drcc>

Should you see or hear something that concerns you while visiting a child care program, you have the right to contact the Division of Regulated Child Care with your concern and you can do so anonymously, if you prefer.



Families Looking for Child Care

Supervision	✓
Are children supervised at all times, even when they are sleeping?	
Are all areas of the child care space visible to staff at all times?	
Handwashing & Diapering	✓
Do all caregivers & children wash their hands often, especially before eating & after using the bathroom or changing diapers?	
Do caregivers always keep a hand on the child while diapering?	
Do caregivers clean & sanitize the surface after finishing the changing process?	
Are the diapering & handwashing procedures posted at each diaper changing station?	
Director Qualifications	✓
Does the director participate in regular professional development & continuing education opportunities?	
Has the director worked in child care for at least two years?	
Is the director present at the facility the majority of the day?	
Does the director understand how to best support your child's needs?	
Lead Teacher Qualifications	✓
Does the teacher participate in professional development & continuing education opportunities?	
Has the teacher worked in child care for at least one year?	
Does the teacher give children lessons & toys that are appropriate for their ages?	
Staff-to-Child Ratio & Group Size	✓
How many children are being cared for in the child care program?	
Are the staff-to-child ratios posted in a conspicuous place in the facility?	
Was the staff-to-child ratio appropriate during your visit?	
Did each child receive attention & get their needs met?	
Staff Training/First Aid	✓
Have caregivers been trained how to keep children healthy & safe from injury & illness?	
Do they know how to do first aid & rescue breathing?	
Have they been trained to understand & meet the needs of children of different ages?	
Child Abuse	✓
Have all caregivers undergone background checks?	
Have the caregivers been trained on how to prevent child abuse, how to recognize signs of child abuse, & how to report suspected child abuse?	
Is the facility's child abuse policy explained to parents?	

Immunizations	✓
Is your child up-to-date on all of the required immunizations?	
Does the child care program have a policy which requires parents to provide up-to-date immunization certificates for their children upon enrollment?	
Facility Safety	✓
Are toxic substances like cleaning supplies & pest killers kept away from children?	
Has the building been checked for dangerous substances like radon, lead, & asbestos?	
Is poison control information posted?	
Emergency Plan	✓
Does the child care program have an emergency plan if a child is injured, sick, or lost?	
Does the child care program have first-aid kits?	
Does the child care program have information about who to contact in an emergency?	
Fire/Emergency Drills	✓
Does the child care program have a plan in case of a disaster like fire, tornado, flood, blizzard, or earthquake?	
Does the child care program do practice drills once every month?	
Medications	✓
Does the child care program keep medications out of reach from children?	
Are the caregivers trained & the medications labeled to make sure the right child gets the right amount of the right medication at the right time?	
Playground Safety	✓
Is the playground regularly inspected for safety?	
Is the playground surrounded by a fence?	
If there is a sandbox, is it clean & covered?	
Are the soil & playground surfaces checked often for dangerous substances & hazards?	
Is equipment the right size & type for the age of children who use it?	
General Observations	✓
Is a copy of the Parent Rights prominently displayed? Parent Rights are a good general framework for discipline, grievance procedures, etc.	
Is the facility's last licensing report posted in a conspicuous place? This report is a "report card" of how the facility is complying with state regulations.	
Is the facility participating in the Tiered Quality Rating System (TQRIS)? TQRIS helps to ensure children receive high quality care.	
What is the overall sound in the facility? Is the staff engaging the children in laughing, singing, & conversations?	





Targeted Assessment Program

- ❖ The Targeted Assessment Program (TAP) was developed through a contract with the Kentucky Cabinet Health and Family Services and the University of Kentucky Center on Drug and Alcohol Research. The objective of the Targeted Assessment Program is to identify and address multiple barriers to family self-sufficiency and safety among Department for Community Based Services (DCBS) participants, including pregnant and parenting moms. The TAP assessors are trained and experienced in the targeted areas of mental health, intimate partner violence victimization, substance use, and learning problems. The assessors, located on-site at the DCBS offices (Divisions of Family Support and Protection and Permanency (P&P), conduct assessment, pre-treatment, and service coordination focused on identifying and addressing mental health (MH), intimate partner violence victimization (IPV), substance abuse (SA), and learning problems (LP).
- ❖ When you refer to TAP, your participant will receive a holistic assessment, individualized plan for addressing barriers, and ongoing services to support engagement and follow-through with needed services. TAP services are free, comprehensive, and participant-focused.

Who is eligible to receive TAP services?

One or more of the following criteria must be met in order for participants to be eligible for TAP services:

- a. TANF eligible: 200% of poverty
- b. Resident of a TAP County (In the BRADD area, this would include Barren and Warren Counties)
- c. Must have a dependent child(ren)
If children have been removed, permanency goal is reunification or concurrent planning
- d. Suspect a barrier in one or more of TAP's targeted areas
(substance abuse, mental health, intimate partner abuse/violence, or learning problems) have impacted participant's capacity for family self-sufficiency/safety

If interested in more information regarding TAP or to make a referral, please contact the office below in your county of residence.

Warren County:

356 Suwannee Trail Street
Bowling Green, KY 42103
270-746-7125, option 1 or 2

Barren County:

746-D East Main Street
Glasgow, KY 42142
270-651-1286 (extension 2241)

Area Hospitals with Labor and Delivery Units

The Medical Center of Bowling Green 800 Park Street Bowling Green, KY 41201	Offers full Obstetric, Gynecological, Surgical, and Social Work Services for women. Has a Neonatal Intensive Care Unit (NICU) so babies can stay close to home.	Labor & Delivery - 270-796-2117 Newborn Nursery - 270-796-2412 Postpartum Unit - 270-796-2398
TJ Samson Community Hospital 1301 North Race Street Glasgow, KY 42141	Labor and Delivery Mother - Baby and Special Care	Women's Center - 270-651-4105
Twin Lakes Regional Medical Center 910 Wallace Avenue Leitchfield, KY 42754	Labor, Delivery and Recovery	270-259-9400

Area Obstetricians and Gynecologists

Graves Gilbert Clinic 201 Park Street Bowling Green, KY 41201	Dr. Andrea Brooks Dr. Todd Drexel Dr. Joseph Gass	Dr. Ashley Hill Dr. Sara Mangold	270-781-5111 and/or Gravesgilbert.com Insurance and limited Medicaid
Women's Health Specialists 350 Park Street, Suite 203 Bowling Green, KY 42101	Dr. Karen Lyons Dr. Jeffery Nemec Dr. Manmeet Sandhu	Dr. Devin Trevor Dr. Stephanie DeAngelis	270-781-0075 and/or Medcenterhealth.org Insurance and limited Medicaid
Fairview Community Health Center 225 Natchez Trace Avenue Bowling Green, KY 42103	Dr. Jeffery Nemec Dr. Devin Trevor Dr. Manmeet Sandhu Dr. Karen Lyons Dr. Stephanie DeAngelis	Courtney Maxfield, CNM Heather Finney, CNM Leigh Lindsey, CNM Jennifer Johnson, CNM	270-783-3573 and/or Fairviewcommunityhealth.org Medicaid/self-pay only
Hewitt, Davis and Sutton 1805 Scottsville Road Bowling Green, KY 42104	Dr. Keith Hewitt	Dr. Jarrett Sutton	270-781-3415 Insurance and limited Medicaid

Pediatricians

Graves Gilbert Clinic

201 Park Street
Bowling Green, KY 42101

Dr. Zahid Fraser
Dr. Jeffrey Bitterling
Dr. Christopher Castelli
Dr. Tiffani Cherry
Dr. Danielle Foster
Dr. Mark Lowry

Dr. Pippa Pinckley-Stewart
Dr. Christopher Smith
Dr. Debra Sowell
Dr. Elizabeth Sternberg
Dr. Lauren Wheeler

270-781-5111 and/or
Gravesgilbert.com

Insurance and limited Medicaid

Bowling Green Internal Medicine and Pediatrics

615 7th Avenue
Bowling Green, KY 42101

Dr. Paul Kniery
Dr. Kelly Kries
Dr. Casey Miles

Dr. Sarah Mayfield
Dr. Helen Carter

270-846-4800 and/or
Bgimp.com

Insurance and limited Medicaid

Fairview Community Health Center

225 Natchez Trace Avenue
Bowling Green, KY 42103

Dr. Rick Voakes
Dr. Lori Witcher
Jennifer Tyler, APRN
Lindsey Young, APRN

Sheila Catlett, APRN
Brooke Clarke, APRN
Latricia Riley, APRN
Jacqueline Wise, APRN

Pediatric Triage Providers also Include:
Dr. William Harrell Dr. Elizabeth Sternberg
Kara Haughtigan, APRN

270-783-3573 and/or
Fairviewcommunityhealth.org

Medicaid/insurance
and self-pay only

Pregnancy Resources

Barren River District Health Department

1109 State Street
Bowling Green, KY 42104

270-781-8039 and/or
barrenriverhealth.org

Monday to Friday 8 a.m. to 4:30 p.m.

Community Action of Southern Kentucky

200 East 4th Street
Bowling Green, KY 42101

270-783-4484 and/or
casoky.org

Monday to Friday 8 a.m. to 4 p.m.

Hope Center for Pregnancy

1873 Christian Care Way
Bowling Green, KY 42104

Free Ultrasounds: Monday and Tuesday 9 a.m. to 2:30 p.m.
Thursday: 10 a.m. to 7 p.m.

270-282-0255 and/or
www.hopeforpregnancy.com

Monday - Wednesday 9 a.m. to 4 p.m.
Thursday 9 a.m. to 7 p.m.
Friday 12 p.m. to 4 p.m.

Kentucky Pregnancy Support Center

1439 Magnolia Street
Bowling Green, KY 42104

270-781-5050

LifeSkills, Inc. First Steps Point of Entry

380 Suwannee Trail Street
Bowling Green, KY 42104

1-800-643-6233 or
270-901-5000 and/or www.lifeskills.com

Monday to Friday 8 a.m. to 5 p.m.

Southcentral Kentucky Community and Technical College

1845 Loop Drive
Bowling Green, KY 42101

270-901-1011 or
270-901-1086

Substance Abuse Assessments

Agency	Address	Contact Information
Alliance Counseling	1910 Lyda Avenue Bowling Green, KY 42104	104 Reynolds Road Glasgow, KY 42141 270-904-6567 and/or 270-678-4801 and/or alliancecounselingky.com
Compass Counseling, LLC	101 East Main Cross Street Bowling Green, KY 42210	270-904-0201
Compass Counseling, LLC	117 West Ohio Street Morgantown, KY 42261	270-904-0201
Compass Counseling, LLC	730 Fairview Avenue Bowling Green, KY 42101	270-904-0201
Family Options, Inc.	108 Ensminger Drive Glasgow, KY 42141	270-659-0035
Hilltop Counseling Services	1721 US 31-W Bypass Bowling Green, KY 42101	270-843-1804
JourneyPure	2349 Russellville Road Bowling Green, KY 42101	270-781-3387 and/or Journeypure.com
LifeSkills, Inc.	380 Suwannee Trail Street Bowling Green, KY 42103	270-901-5000 and/or lifeskills.com
More to Life Counseling	351 Pascoe Boulevard Bowling Green, KY 42104	270-904-4945 and/or moretolifecounseling.com
Rivendell Behavioral Health	1035 Porter Pike Bowling Green, KY 42101	270-843-1199 and/or rivendellbehavioral.com
Time Out Community Counseling & Correctional Services, LLC	201 West Main Street Old City Scottsville, KY 42164	270-237-3463
Wilson Counseling, LLC	1312 Westen Street Bowling Green, KY 42104	270-904-1072 and/or wilsoncounselingllc.com

Mommy and Baby SUD Residential/Transitional Facilities

Agency	Website	Contact Information
Center of Hope Recovery Center		502-413-0102
Center for Women and Children		859-972-1050
Centerstone Addiction Recovery Center	centerstone.org	502-583-3951
Centerstone Women's Renaissance Center	centerstone.org	502-437-5066
Chrysalis House	chrysalishouse.org	859-225-9912
Communicare East Center	communicare.org	270-737-6449
Communicare Passages Transitional Housing	communicare.org	270-737-6449
Cumberland River: Independence House	rehab.com	606-523-9386
Haven 4 Change	lifeskills.com	270-796-1764
HollyBerry House	krccnet.com	606-436-5761
LifeSkills Park Place Recovery Center for Women	lifeskills.com	270-901-5000
Mountain Comprehensive Serenity House	mtcomp.org	606-298-4872
Pathways Journey House	pathways.org	606-324-1141
Pathways Residential Plus	pathways.org	606-324-1141
New Vista Bluegrass Center for Women and Children	newvista.org	859-972-1050
Transition WRAP House	transitionsky.org	859-491-2090
VOA Freedom House 1 & 2	voamid.org/freedomhouse	502-635-4530
VOA Women's Addiction Recovery	voamid.org	502-792-7528 x 299

Crisis Phone Lines in Kentucky

Agency	Crisis Line	Counties Served	Hospital Number
Four Rivers Behavioral Health	1-800-592-3980	Ballard, McCracken, Carlisle, Graves, Marshall, Hickman, Fulton, Livingston and Calloway	Western State 1-270-889-6025
Pennyroyal	1-877-473-7766	Crittenden, Caldwell, Lyon, Hopkins, Trigg, Christian, Muhlenberg and Todd	Western State 1-270-889-6025
River Valley Behavioral Health	1-800-433-7291 or 1-270-684-9466	Union, Henderson, Webster, Daviess, McLean, Hancock and Ohio	Western State 1-270-889-6025
LifeSkills, Inc.	1-800-223-8913	Butler, Edmonson, Hart, Logan, Warren, Barren, Metcalfe, Simpson, Allen and Monroe	Western State 1-270-889-6025
Communicare, Inc.	1-800-641-4673	Breckinridge, Meade, Grayson, Hardin, Larue, Nelson, Washington and Marion	Central State 1-502-253-7000
Centerstone	1-800-221-0446	Jefferson, Bullitt, Spencer, Shelby, Oldham, Henry and Trimble	Central State 1-502-253-7000
NorthKey	1-877-331-3292	Boone, Campbell, Kenton, Gallatin, Carroll, Owen, Grant and Pendleton	Eastern State 1-859-246-7000
Comprehend, Inc.	1-877-852-1523	Bracken, Mason, Robertson, Fleming and Lewis	Eastern State 1-859-246-7000
Pathways, Inc.	1-800-562-8909	Montgomery, Bath, Rowan, Menifee, Morgan, Boyd, Greenup, Carter, Elliott and Lawrence	Eastern State 1-859-246-7000
Mountain Comprehensive Care	1-800-422-1060	Johnson, Martin, Magoffin, Floyd and Pike	Appalachian Regional 1-606-439-1331
Kentucky River Community Care	1-800-262-7491	Wolfe, Lee, Breathitt, Owsley, Perry, Knott, Leslie and Letcher	Appalachian Regional 1-606-439-1331
Cumberland River Behavioral Health	1-800-273-8255	Rockcastle, Jackson, Laurel, Clay, Whitley, Knox, Harlan and Bell	Appalachian Regional 1-606-439-1331
The Adanta Group	1-800-633-5599	Green, Taylor, Adair, Casey, Cumberland, Russell, Pulaski, Clinton, Wayne and McCreary	Eastern State 1-859-246-7000
New Vista	1-800-928-8000	Anderson, Franklin, Scott, Woodford, Harrison, Clark, Bourbon, Nicholas, Mercer, Boyle, Lincoln, Garrard, Madison, Estill, Fayette, Jessamine and Powell	Eastern State 1-859-246-7000

Adult and Child Crisis Stabilization Units in Kentucky

Agency	Adult Programs	# Adult Beds	Child Programs	# Child Beds
Four Rivers Behavioral Health	1525 Cuba Road Mayfield, KY 42066 800-592-3980	8		
River Valley Behavioral Health	1100 Walnut Street Owensboro, KY 42301 800-433-7921	8		
LifeSkills, Inc.	822 Woodway Drive Bowling Green, KY 42101 800-223-8913	8	501 Chestnut Street Bowling Green, KY 42101 800-223-8913	9
Communicare, Inc.	100 Gray Street Elizabethtown, KY 42701 800-641-4673	12	1311 North Dixie Avenue, Bldg. D Elizabethtown, KY 42701 800-641-4673	12
Centerstone			914 East Broadway 3 rd Floor Louisville, KY 40204 800-432-4510	12
Comprehend, Inc.			211 Wood Street Maysville, KY 41056 877-852-1523	7
Pathways, Inc.	201 22 nd Street Ashland, KY 41101 800-562-8909	7	411 Bishop Court Morehead, KY 40351 800-562-8909	6
Mountain Comprehensive Care	1324 South Lake Drive Prestonsburg, KY 41653 800-422-1060	8	150 South Front Avenue Prestonsburg, KY 41653 800-422-1061	6
Kentucky River Community Care	118 Willies Way Hazard, KY 41701 800-262-7491	8		
Cumberland River Behavioral Health	349 Riverbend Road London, KY 40744 888-435-7761	8	2932 Level Green Road Corbin, KY 40701 877-454-3702	10
The Adanta Group	119 Herriford Circle Road Jamestown, KY 42629 800-633-5599	8		
Wellspring	David Block Center CSU 841 East Chestnut Street Louisville, KY 40204 502-561-1072	8		
Wellspring	Samuel B. Todd CSU 120 West St. Catherine Street Louisville, KY 40203 502-561-1072	8		
Number of Adult CSUs		11	Number of Children's CSUs	7
Number of Adult Beds		91	Number of Children's Beds	62
Statewide Total Number of Beds		153		

Community Mental Health Centers

Region	Address	Contact Information
Region 1 Four Rivers Ballard, McCracken, Carlisle, Graves, Marshall, Hickman, Fulton, Livingston and Calloway	Center for Specialized Children's Services 425 Broadway Paducah, KY 42001	https://fourriversmirco.com Phone: 270-442-9767 Fax: 270-442-7923
Region 2 Pennyroyal Crittenden, Caldwell, Lyon, Hopkins, Trigg, Christian, Muhlenberg and Todd	Pennyroyal MH Center 735 North Drive Hopkinsville, KY 42240	https://pennyroyalcenter.org Phone: 270-886-5163 Fax: 270-886-5178
Region 3 River Valley Union, Henderson, Webster, Daviess, McLean, Hancock and Ohio	River Valley Behavioral Health 1100 Walnut Street Owensboro, KY 42303	www.rvbh.com Phone: 270-689-6698 Fax: 270-689-6664
Region 4 LifeSkills, Inc. Butler, Edmonson, Hart, Logan, Warren, Barren, Metcalfe, Simpson, Allen and Monroe	LifeSkills, Inc. 380 Suwannee Trail Street Bowling Green, KY 42103	www.lifeskills.com Phone: 270-901-5000 Fax: 270-781-0536
Region 5 Communicare Breckinridge, Meade, Grayson, Hardin, Larue, Nelson, Washington and Marion	Communicare 617 N. Mulberry Street Elizabethtown, KY 42701 or 331 South Third Street Bardstown, KY 40004	https://communicare.org Office: 270-765-5145 Ext. 1102 Fax: 270-982-9209 Bardstown Office 270-348-9206
Region 6 Centerstone Jefferson, Bullitt, Spencer, Shelby, Oldham, Henry and Trimble	Centerstone 914 East Broadway 2 nd Floor Louisville, KY 40204	https://centerstone.org Phone: 502-587-8833 Fax: 502-589-8758
Region 7 Northern Kentucky Boone, Campbell, Kenton, Gallatin, Carroll, Owen, Grant and Pendleton	NorthKey Community Care 513 Madison Avenue Covington, KY 41011	www.northkey.org Phone: 859-431-4770 Fax: 859-491-7174

Region	Address	Contact Information
Region 8 Comprehend Bracken, Mason, Robertson, Fleming and Lewis	Comprehend, Inc. 611 Forest Avenue Maysville, KY 41056	www.comprehendinc.org Phone: 606-564-4016 Fax: 606-564-8288
Region 9 - 10 Pathways Montgomery, Bath, Rowan, Menifee, Morgan, Boyd, Greenup, Carter, Elliott and Lawrence	Pathways, Inc. P.O. Box 790 Ashland, KY 41104	www.pathways-ky.org Phone: 606-324-3005 Fax: 606-329-1530
Region 11 Mountain Johnson, Martin, Magoffin, Floyd and Pike	Mountain CCC 104 South Front Avenue Prestonsburg, KY 41653	https://www.mtcomp.org Phone: 606-886-4342 Fax: 606-886-4431
Region 12 Kentucky River Wolfe, Lee, Breathitt, Owsley, Perry, Knott, Leslie and Letcher	Kentucky River CCC P.O. Box 794 Jackson, KY 41339	krccnet.com Phone: 606-666-7591 Fax: 606-666-8364
Region 13 Cumberland River Rockcastle, Jackson, Laurel, Clay, Whitley, Knox, Harlan and Bell	Cumberland River CCC American Greeting Card Road P.O. Box 568 Corbin, KY 40701	https://crbhky.org Phone: 606-528-7010
Region 14 Adanta Green, Taylor, Adair, Casey Cumberland, Russell, Pulaski, Clinton, Wayne and McCreary	Adanta 113 Hardin Lane Somerset, KY 42501	https://www.adanta.org Phone: 606-679-4782 Fax: 606-677-1746
Region 15 New Vista Anderson, Franklin, Scott, Woodford, Harrison, Clark, Bourbon, Nicholas, Mercer, Boyle, Lincoln, Garrard, Madison, Estill, Fayette, Jessamine and Powell	New Vista 1351 Newtown Pk. Lexington, KY 40511	www.newvista.org Phone: 859-253-1686 Ext. 538 Fax: 859-255-4866

References

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ASAM Board of Directors September 15, 2019
www.asam.org

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www.ncbi.nlm.nih.gov

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